

Whether you're here for appointments, visiting a friend or picking up medical supplies, Mayo Clinic offers health information resources and a variety of activities for your comfort and entertainment.



LEARN

Patient Education Center: Home of the Transparent Man from the 1933 World's Fair, this health information resource center is open to all patients and visitors. Brochures, videos, exhibits, medical models, Internet access for medical searches, a reference library, and classes provide information about healthy living and various medical conditions. The Patient Education Center is in the Siebens Building, subway level. It is open Monday, Tuesday, Wednesday and Friday from 8 a.m. to 5 p.m. and Thursday from 9 a.m. to 5 p.m.

"The Patient Education Center staff gave me lots of information and tips that I wouldn't have picked up on my own. They helped me a lot!"

— Rita McQuiston

Patient Education Center Visitor

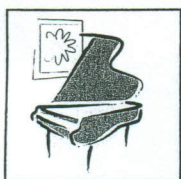
Cancer Education Center: As one of the largest cancer resource centers in the country, the Mayo Clinic Cancer Education Center contains reliable, up-to-date information on prevention, diagnosis, treatment, nutrition, clinical trials, support, alternative and complementary therapies and end-of-life care. The center is also home to an inspirational public journal for cancer patients to record their insights, or to read about other patient's experiences with cancer. The Cancer Education Center is located in the lobby of the Gonda Building and is open weekdays from 8 a.m. to 5 p.m.

Information Desks: Providing general information and directions, Information Desks are located in the Gonda Building lobby and subway, Mayo Building subway, Francis lobby, and the main floors of the Generose and Mary Brigh Buildings.

Hospital Patient Libraries: Located at Rochester Methodist Hospital in the Eisenberg Building, subway level, and Saint Marys Hospital in the Francis Building, seventh floor, the patient libraries provide books, magazines, newspapers, videos, audiobooks, music, tape players, computers with Internet and e-mail access, and fax and copy equipment. The libraries are available to patients at no charge and are open weekdays from 9:30 a.m. to 4:30 p.m., and weekends from 1 p.m. to 4:30 p.m.

"People just break into song when they hear a familiar tune. People who haven't sung for years will suddenly find their voices again and sing along with the piano."

— Jane Belau
Frequent pianist in the
Nathan Landow Atrium



ENJOY MUSIC, ART AND HISTORY

Art and Architecture Tour:

Works of art reflecting various artists, periods and cultures are displayed throughout the Mayo Campus. This one-hour and fifteen minute walking tour visits interior art exhibits. Guided tours are held weekdays at 1:30 p.m. beginning in Judd Auditorium, subway level of the Mayo Building. You can also check out an audio player at the Gonda Lobby Information Desk for a self-guided audio art tour.

Mayo Clinic Tour: Staff will guide you through an informative tour of Mayo Clinic, including a 15-minute film and a one-hour walking tour. Tours are held weekdays at 10 a.m. beginning in Judd Auditorium, subway level of the Mayo Building.

Carillon Concerts: The bell tower atop the Plummer Building houses the 56-bell Rochester Carillon. Concerts are held year-round on Mondays at 7 p.m. and Wednesdays and Fridays at noon. The concerts can be heard outside, in the vicinity of the Plummer Building, and last approximately 20 minutes.

Harmony for Mayo: A music series for Mayo patients, visitors, staff and the public, Harmony for Mayo concerts are held on Mondays from 12:10 to 1 p.m. at different locations around the Mayo Clinic campus. All concerts are free and open to the public. Stop by an Information Desk for details on upcoming concerts.

Mayo Clinic Heritage Hall: Located in the Mathews Grand Lobby (street level) of the Mayo Building, this museum includes artifacts, films and interactive displays. Exhibits link Mayo's past and present with a vision for the future of medicine — along with the vital role of philanthropy in supporting patient care, research and education. The museum is open weekdays from 8 a.m. to 5 p.m. Admission is free.

Mayo Historical Suite: The historical suite, on the third floor of the Plummer Building, houses many photos and memorabilia of Mayo history, including the original offices of Drs. William J. and Charles H. Mayo. It is open weekdays from 8 a.m. to 5 p.m.

Nathan Landow Atrium Piano: Home to a donated piano, the Nathan Landow Atrium is often filled with soothing music, sing-alongs, or even impromptu ensemble performances. The piano is located in the subway level of the Gonda Building, and all patients, visitors and staff are welcome to play.



SHOP & EAT

Mayo Clinic Gift Shop: Located in the Shops at Gonda, subway level of the Gonda Building, the Mayo Clinic Gift Shop offers unique gifts and Mayo Clinic logo items and apparel. All proceeds support medical education and research at Mayo Clinic. The Gift Shop is open weekdays from 7 a.m. to 5 p.m.

Mayo Clinic Pharmacy: Outpatient pharmacies are located in the Mayo and Baldwin buildings, and in the lobbies of both Saint Marys and Rochester Methodist hospitals. Prescriptions from Mayo Clinic physicians can be filled at any of these locations. The pharmacies are open weekdays from 7:30 a.m. to 6 p.m.

Mayo Clinic Store: In addition to a full line of quality medical supplies for purchase and rental, the Mayo Clinic Store offers reliable health information products such as the Mayo Clinic Family Health Book. Located in the Siebens Building, subway level, the Mayo Clinic Store is open weekdays from 8 a.m. to 5 p.m. All proceeds support medical education and research at Mayo Clinic.

"When you talk to people at the Mayo Clinic Store, they explain everything. Time seems to mean very little to them."

— Harold Mueller

Mayo Clinic Store Customer

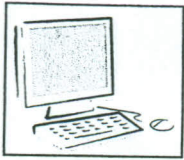
Mayo Clinic Store - Sleep Apnea Supplies:

Located in the Marriott Hotel, subway level, the sleep apnea supply store offers sleep medicine supplies, including airway pressure flow generators, humidifiers and accessories. The store is open weekdays from 8 a.m. to 5 p.m. All proceeds support medical education and research at Mayo Clinic.

Rochester Methodist Hospital Gift Shop:

Operated by the Rochester Methodist Hospital Auxiliary, the gift shop offers a wide selection of gift items – from greeting cards to floral arrangements. It is located in Eisenberg building, lobby level, and open weekdays from 9 a.m. to 4:30 p.m., Saturday from 9 a.m. to 12:30 p.m. and Sunday from 1 p.m. to 4 p.m.

Saint Marys Hospital Gift Shop: Cards, gifts and flowers are available at the Saint Marys Hospital Auxiliary Gift Shop, located in the Joseph Building, main floor. It is open weekdays from 8:30 a.m. to 7:30 p.m., Saturday from 9:30 a.m. to 3:30 p.m. and Sunday from 12:30 p.m. to 3:30 p.m.



LOG ON

Patient Communications Center: Located in the subway level of the Gonda Building, the center has computers with Internet access, Internet connection for laptop computers, and printers. All are available for use by patient and family members. It is open weekdays from 8 a.m. to 5 p.m.

Gonda Building: Computers with access to the Internet for health information searches are available for patient use in the lobbies of the Gonda Building, floors two through 10.

Mayo Hospitals: Computers are available in the patient libraries at Rochester Methodist Hospital and Saint Marys Hospital.

"It makes me feel better just being in this great place. It has a feeling of love, care and hope for all!"

— Elizabeth Hansen

Mayo Clinic Heritage Hall Guest Book

CarePages: Mayo Clinic now offers CarePages, a free Web service for our patients while they are at Mayo, to help them keep in touch with loved ones back home and elsewhere. CarePages can be created wherever a patient or family member has Internet access. Patients and families can post messages, updates and pictures, and loved ones can respond with messages of support and encouragement. The service is confidential, secure and private and is accessible only to individuals selected by the patient or loved one. Step-by-step instructions on creating or visiting a CarePage are available at www.carepages.com/mayoclinic.

High Speed Wireless Internet Access: Mayo Clinic offers complimentary high speed wireless internet access to patients and visitors. This service is free of charge and is currently available at the following locations: Saint Marys Hospital, Eisenberg Building, Charlton Building, Mayo Building, and the Gonda Building. Stop by the nearest nurse's station to obtain the current login and access code.